

August 4, 2004

Letter of recommendation for ASR Coaching & Training

To Whom It May Concern:

I sought out the services of a coach when in the midst of a career transition. I was referred to Andrea Strom-Rancourt of ASR Coaching and following a meeting with her decided to sign a contract of twelve sessions.

During our sessions, Ms. Strom-Rancourt's thoughtful questions, observations and "homework" led me to know myself better and to communicate that knowledge in a confident manner. She did not dictate what to do, but rather assisted me to discover my accomplishments and true goals by exploring my decision-making process.

On a personal level, I felt that Ms. Strom-Rancourt sincerely cared about my success and well-being. She was always readily available between sessions to answer any of my questions or concerns.

In closing, I highly recommend the coaching services of ASR Coaching & Training. If you would like further elaboration, please feel free to call me at

Sincerely,

C. Buffone