

RECOMMENDATION FOR ANDREA STROM-RANCOURT

COACHING SESSION, MAY 21, 2002

I recently had a very productive coaching session with Ms. Strom-Rancourt. She was completely receptive to my questions and points, supportive, and quite helpful with her suggestions for making more progress with my approach to current life challenges.

She struck an effective balance between the personal and professional, providing me with both her own personal experience with problems as well as an objective view of my situation. That combination contributed very well to my capacity to see my situation lucidly and more deeply, and to understand possible consequences.

She was interested from the very beginning of our discussion, and she was focused - in other words, completely **present**. Her insight was immediate and she remained with me at that level. Most of all, Ms. Strom-Rancourt's compassion was notable - she truly cares, and, as a result, I felt more motivated to understand the nature of any blocks I create and the particular factors involved in all solutions to problems.

I am grateful for her assistance.

A Crossman
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